

## Presidents Message

Time flies and an entire year has gone and by the time this reaches you we will have ushered in 2019. I was once told by someone that the years appear to fly faster as you grow older! YSOA has had a busy year developing and delivering well attended conferences for our membership and the wider audience. Feedback remains strongly positive and complimentary of the scientific content, with further suggestions for making our conferences relevant for our attendees. The society is committed to sharing knowledge and skills to strengthen the care we provide our patients.

The world around us is changing and I would like to draw your attention to this key GMC document published recently—the State of Medical Education and practice in the UK. ([www.gmc-uk.org](http://www.gmc-uk.org)). The report highlights the challenges facing the medical workforce in recruiting and retaining doctors in the NHS. Further it highlights worryingly, how doctors are coping with the rising demands by prioritising work over CPD activity. Engaging in CPD is vitally important to improving the quality of service we provide our patients and organisations must make every effort to support healthcare staff as it is a part of lifelong learning. Winter pressures have placed tremendous challenges on organisations to meet their targets and this impacts on job plans and time offered for attending conferences and enhancing learning. Perhaps it is time as well for societies like ours to explore new ways of connecting that does not rely on conventional face to face conferences while also ensuring that knowledge is provided when and where needed at the point of care or demand. Such strides are already being made in the undergraduate sector where the student expectations have driven a sea change in attitudes towards learning environments. Networking is the other key advantage of physical conferences but in the modern world where social media has taken over communications, perhaps it is time for us to not move away from conventional conference format but perhaps further enhance it by creating supplementary modes of continuing the learning and connecting people through online platforms and social media networks. In the meantime, YSOA continues to provide the highly popular evening meetings every year in Leeds and this was also the case in September 2018. The difference this year was that our trainee representatives took a greater leadership role in putting together the programme and therefore full credit to them. The smaller number of delegates and the relatively informal setting of the evening meeting appear to be more conducive to bringing our patients to talk to us and this continues to prove invaluable to clinicians. Our next year annual scientific meeting will be run by our Mid Yorks colleagues and am sure will prove to be a great success. I hope to see you there with your colleagues.

In the meantime, best wishes for a great year and hope 2019 will be all that you hoped for.

Makani Purva

President Yorkshire Society of Obstetric Anaesthetists



Dr Makani Purva—President of YSOA

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Thorpe Park Spa, Annual Scientific Meeting Venue 30 April 2019

## Dates for your diary

### YSOA Annual Scientific Meeting 2019

Tuesday April 30th 2019 08.30 – 5pm

Venue: Thorpe Park Spa

Contact: [w.sheedy@hull.ac.uk](mailto:w.sheedy@hull.ac.uk)

### YSOA Anniversary Meeting

Friday September 30th 2019

Free (small refundable deposit £25)

Our yearly exclusive meeting is a great time to network,

listen to interesting talks with audience interaction, often with a patient experience session.

Dinner included

Contact: [w.sheedy@hull.ac.uk](mailto:w.sheedy@hull.ac.uk)

## Membership details

Membership is free to all trainees and consultants in the Yorkshire and Humber region. Membership ensures you receive information regarding upcoming events and this amazing newsletter!

If you wish to become a member please forward the following information to:

[obstetricday@hotmail.co.uk](mailto:obstetricday@hotmail.co.uk)

Name:

Grade:

Employing Trust:

Locality if in a training post (East/South/West)

A reliable contact email address:

# Yorkshire Society of Obstetric Anaesthetists

## Annual Scientific Meeting 30 April 2019, Thorpe Park Spa

### Speakers

*Dr Marc Randall - Pre-existing Neurological Disorders and Pregnancy-Advice for the Anaesthetist*

*Dr Kona Kondav - Management of Post-dural Puncture Headache*

*Dr Andrew Fletcher - Haematological Problems and Obstetric Anaesthesia*

*Dr Sue Granger - PTSD following Surgical Delivery - Can we help as Anaesthetists?*

*Miss Sarah Winfield - West Yorkshire Maternity Critical Care Network*

*Dr Mary Mushambi - Managing the Obstetric Difficult Airway*

*Dr Helen Buglass - THRIVE - its Role in Obstetric Anaesthesia*



### Essential Information

- 5 CPD points approved by the Royal College of Anaesthetists

Meeting Fee (non members):

- Consultants £120
- SAS/Trainee £70
- ODPs/midwives £25

Abstract Prizes

- Oral Presentation £100
- Poster £50

For full programme, bookings, abstract submission guidelines and further details see meeting website:

<http://ysoa.org.uk/Contactus/>



## YSOA website and Podcasts

Podcasts from the ASM 18 are available to download from our website

[www.ysoa.org.uk](http://www.ysoa.org.uk)

Username: admin

Password:  
Green42Carwash



## Dates of courses

### Obstetric Anaesthetic Emergency Course for CT2s

Hull Clinical Skills Facility	Wed 17 <sup>th</sup> April 2019
York	tbc
Bradford	tbc

For more information please go to the Yorkshire and Humber-side Deanery Website

### TOASTY Advanced Obstetric Course

for senior trainees and consultants

Hull Clinical Skills Facility      Tue 21<sup>th</sup> May 2019

Contact [Daniel.websdale@hey.nhs.uk](mailto:Daniel.websdale@hey.nhs.uk)



Anniversary Meeting, Hinsley Hall, Leeds, 2018

## Anniversary Meeting 2018 Review

Hinsley Hall, Leeds

Friday 28th September 2018

By Dr James Turnbull & Charlotte Devereaux Walsh

'The 28th of September 2018, the annual YSOA evening meeting hosted at Hinsley Hall in Leeds. A sell out event this year, with anaesthetists from around the region gathering on a Friday evening for a variety of topical presentations and networking opportunities. There was also adequate opportunity to catch up with friends and colleagues from across Yorkshire.

After the obligatory coffee and cakes we were welcomed to the event by Dr Aseem Tufchi, (Consultant, Hull Royal Infirmary) and we moved onto the first presentation. This consisted of an interesting case from York Hospital along with the case described from the patients' perspective.

Dr. Kay Robins (Consultant, York Hospital) told the audience about a lady presenting with an unusual overgrowth of blood vessels over the cervix, putting the patient at risk of major haemorrhage. This case was further complicated by the fact that the patient was a Jehovah's Witness with an advanced directive.

The patient and her husband attended the YSOA meeting and gave a bit of background to the case from their viewpoint. This helped give an insight into the ethical dilemma's confronted by families, especially where family members do not hold the same religious beliefs.

Dinner! Time to relax after the first presentations and another crucial point to do some catching up. It was a buffet style affair with of a good variety of food and importantly, enough for seconds.

The after dinner presentation was given by Mrs. Uma Rajesh, Consultant Obstetrician, Hull Royal Infirmary.

She gave an overview of abnormal placental insertion and then presented information on the pros and cons of utilising interventional radiology in these complex cases where extreme blood loss is anticipated. A case discussion regarding peri-mortem caesarian section was also included.

The evening finished with the trainee presentations, necessarily abbreviated for timing issues but still allowing some trainees to get involved. Dr. J Turnbull (Hull) presented an audit about the accuracy of placing epidurals under ultrasound guidance. Dr. C Devereaux-Walsh (Hull) presented a case of Heparin-induced Thrombocytopenia in a post-partum patient. Dr. Andrew Ashcroft presented an audit regarding the use of mobile phones within the operating theatre.

The notable reflection points of the day relate to the management of Major Obstetric Haemorrhage in a Jehovah's Witness. It raised significant points of discussion which were voiced both in part at the meeting end and in some of the feedbacks.

Of utmost importance, both the mother and baby in this case are fine following a clearly defined management plan. However, the case presented some ethical debates which were noted to divide opinion in York. The patient and a representative of JW's Hospital Liaison Committee were present to answer some questions at the end of the presentation.

There was some discussion surrounding the ethics of this case and the allocation of health resources in similar cases. On reflection, we will try and aim for increased time to be allocated to allow for discussion after this type of case presentation.

On a personal note as the YSOA trainee representatives, we would like to see more engagement from other trainees with an interest in obstetrics. We had limited response to our endeavours to get trainees to attend and present. As the trainee representatives we hope to improve this at future meetings.

From observations on the day and from the feedback it seems the event was enjoyed. We have some useful reflections and learning points to help us improve going forth. So on for the future then, events will continue next year. For comradery and collaboration, these events allow discussions and networking between all the regional centres so we can evolve together to ensure a great obstetric anaesthetic service for Yorkshire.

We hope to see you all again at the Annual Scientific Meeting in the New year (30<sup>th</sup> April 2019).

**James Turnbull and Charlotte Devereaux Walsh**



# NEW WEBSITE NOW LIVE



Our new website is now live with a new fresh look and hopefully easier to navigate.

If you experience difficulties accessing or using the site please email [w.shеды@hull.ac.uk](mailto:w.shеды@hull.ac.uk)

## Contact Us

YSOA Administrator:

Mr Wayne Sheedy

01482 624069

[w.shеды@hull.ac.uk](mailto:w.shеды@hull.ac.uk)

Visit us on the web at

[www.ysoa.org.uk](http://www.ysoa.org.uk)

Please email any comments or feedback regarding this newsletter to W Sheedy as above.

Please forward this newsletter to your obstetric anaesthetic colleagues and trainees to let them all know all the news – thank you.

Kay Robins , Editor  
(York)