



NEWS & VIEWS

ISSUE 3 / MAY 2013

Official newsletter of Yorkshire Society of Obstetric Anaesthetists

Edited by: Iftikhar Ahmed, Hull Royal Infirmary

Email your comments: driftikhar64@doctors.org.uk

Dear member.....

With great pleasure I present you with the third issue of our very own newsletter. Time really flies.....

As you may have noticed, we have given a title to our newsletter: **NEWS & VIEWS**.

In this issue you will find information on YSOA activities; message from the president, membership update, report on executive council, a report from Chloe on the YSOA's inaugural annual scientific meeting, preview to YSOA 2014, progress on the 'Pocket book' project, a report on 'obstetric anaesthesia simulation' project, news of our members and opportunities to participate in YSOA activities.

If there is something you would like to appear on these pages than please just email us.

Remember this is your newsletter so make the most of it.....

President's Message

With great pleasure I write this update on the activities of the Yorkshire Society of Obstetric Anaesthetists. We had a very successful annual scientific meeting, in a near perfect weather, at the magnificent Harewood House. The only disappointment was the poor AV facilities of the venue and we are hoping that next year, our choice will be better.

The next annual scientific meeting will be held in South Yorkshire. An enthusiastic local organising committee are putting together an exciting programme for next year. So this is your chance to get involved!

In this edition of the newsletter, there are details of various collaborative initiatives, being done by the members of the Society. It is heartening to see how much work has already taken place in these areas. Hopefully this trend will continue and more of our membership will lead and participate in future collaborations.

My current focus is the creation of our website. I see this as a vital development, enabling our members to keep abreast of current and future activities in the society, communicate with each other through the discussion forum and share resources with each other. Watch this space for the launch date of the website!

Finally, I extend a warm welcome to Dr Martin Diacon, from Sheffield, who has been elected as the Honorary Secretary of our Society. Special thanks to Dr Sue Smith, who contributed immensely as Honorary Secretary in the interim.

By the time the next newsletter comes out, summer will be upon us. The forecast for this summer is quite disappointing but May is turning out to be better than predicted! So here is hoping for an Indian Summer in 2013!

Best wishes

Maqani Purva, President YSOA



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Membership update

The YSOA membership continues to grow since its launch in September 2012 and now is 105 members strong. The membership is well represented from all hospitals within Yorkshire and Humber region. There are 63 consultant members, 5 SAS and 37 trainee members. We encouraged you all to act as YSOA ambassador and motivate colleagues to join.

Remember membership of YSOA is free.....

Honorary Secretary Elect

It gives us great pleasure to announce the election (unopposed) of Dr Martin Diacon, Consultant Anaesthetist, Sheffield, as Honorary Secretary of YSOA;

Congratulations!

The YSOA executive council is now complete:

President: Makani Purva, Hull

Honorary Secretary / Treasurer: Martin Diacon, Sheffield

Trainee Representative: Choe Fairburns, Leeds

Martin will take up the post in January 2014.

In the meantime Dr Sue Smith, Consultant Anaesthetist, York, has kindly agreed to continue to work for YSOA as Acting Honorary Secretary. Despite her significant commitments as college tutor and simulation courses organiser in York, she has been truly inspirational as YSOA's 1st Honorary Secretary. She was instrumental in making the YSOA's inaugural annual scientific meeting a big success.

Thank you very much Sue!

OAA Committee Elections

YSOA member **Ian Wrench** (Sheffield) has been elected to OAA executive committee.

Congratulations!!!

It is amazing that YSOA have now representation at OAA from South (Ian), West (Audrey) and East (Purva) Yorkshire.

A great day for YSOA.....

YSOA 2013

The first Annual Scientific Meeting of the YSOA was held at Harewood House (near Leeds) on Tuesday, April the 16th 2013. Right from the beginning, YSOA was up against nature; it was bright and sunny outside and Harewood gardens are renowned for their scenic beauty. There were serious concerns among organisers that delegates may skip the scientific sessions and indulge themselves in a stroll in the gardens. However, to our complete amazement, the concerns were unfounded and the delegates simply could not ignore the excellence of the scientific program. The meeting was very well attended with around 120 delegates; including anaesthetists, midwives, and obstetricians, from around Yorkshire and further afield.



The opening talk was given by Mr Steve Lindow, consultant obstetrician and senior lecturer from the University of Hull. He discussed the merits of larger versus smaller obstetric units and made an impassioned defence of smaller obstetric units.

Dr Paul Sharpe (consultant anaesthetist, Leicester) then spoke about the results of his impressively detailed evaluation of NPSA safe neuroaxial connectors. He informed the audience that despite reservations currently there are no functional and patient safety concerns related to non-luer needle use in anaesthesia.



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Dr Victoria Wilson, consultant anaesthetist, Sheffield, presented her experience of managing pulmonary hypertension in pregnancy. It was inspiring to hear that the mortality and morbidity in pregnancy from this condition is decreasing as a result of improvements in anaesthetic, obstetric and critical care.

This followed highly interactive and stimulating medico-legal session. Firstly, Dr Jayne Molodynski (MPS senior advisor) gave an overview of medical law relevant to obstetric anaesthesia. Dr Ahmed (Hull) then presented a couple of difficult cases and invited audience to comment with expert opinion from Dr Ian Russell (Expert Witness).

The afternoon session opened with presentation of free papers by trainees. Dr Anil Bhalla from Liverpool won the best paper prize (£500) for his paper; "Non-luer device Evaluation: moving from debate to decision".



Bhalla receiving best paper award from Gerrard, Director of the RCM

A lively and entertaining debate ensued with Dr Martin Dresner proposing that "All daytime grade 1 caesarean sections should be performed under GA". Despite his passionately made case for the motion, Dr Naula Lucas, won the day by arguing against a one-size-fits-all approach, in favour of more individualised anaesthetic planning.



Drs Dresner and Lucas in post-debate ceasefire pose

Consultant anaesthetist Martin Diacon and consultant obstetrician Roobin Jokhi from Sheffield gave a fascinating insight into the perioperative challenges of EXIT procedures and in-utero surgery. These are cases which are occasionally reported in the non-medical press, so it was particularly interesting to hear the story behind the headlines.

Dr Clare Smith from Rotherham then gave a very useful and pragmatic talk; "Top tips for the non-obstetric anaesthetist covering labour ward". The afternoon was concluded off with a talk from Jacquie Gerrard, Director of the RCM, about the difficulties in defining "normal" childbirth. She concluded that current definition is rather wide and controversial.

Dr Chloe Fairburns, Specialty Trainee, Leeds

YSOA 2014

YSOA is coming to South Yorkshire!

It has been agreed by the executive council that the 2014 annual scientific meeting should be held in South Yorkshire.

A local organising committee has been formed including;

Dr Claire Smith, Rotherham

Dr Martin Diacon, Sheffield

Dr Mel Woolnough, Sheffield

Venue, date and scientific program to follow.

Watch the space!



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Obstetric Anaesthesia Simulation Course

We are in the process of developing a new simulation course in obstetric anaesthesia.

Many local obstetric anaesthetists will be aware of the simulation course currently run in Bradford, York and Hull aimed at CT2 trainees. Using high-fidelity simulation, the course takes junior doctors through the management of various obstetric emergencies, and has been very successful in increasing confidence in dealing with such problems.

So why, you might be wondering, should the CT2s have all the fun and benefit of this excellent tool for professional development?

Well, that's what we thought as well. As a result we are developing a simulation course for more senior doctors who may find themselves resident on, or covering, labour ward.

The course is designed to look at labour ward problems from a slightly different perspective. Managing obstetric emergencies is something we all need to be familiar with as anaesthetists, but these are often complicated further by issues of consent, disagreement within the team, communication problems and multiple demands on our time. Rather than just another refresher drilling the guidelines into us, this course is intended to explore some of the higher skills needed in managing labour ward and obstetric emergencies. It will have an "immersive" approach - designed to recreate the nature of the workload on labour ward, with all the attendant challenges.

The course will be aimed at higher and advanced trainees in obstetric anaesthesia, but it may well be of interest to specialty & SAS doctors, and consultants.

We are currently at the stage of writing the simulation scenarios and hope to have the course ready to run by October this year, when it will be advertised around the region. This is a YSOA collaborative project with representations from hospitals across Yorkshire, most notably;

Indu Sivandan, Leeds
Fleur Roberts, Sheffield
Sue Smith, York
Makani Purva, Hull

Any member interested in contributing to or finding out more about the course, please email at: chloe.fairbairns@doctors.org.uk.

Chloe Fairbairns, Specialty Trainee, Leeds

Obstetric Anaesthesia Emergencies Pocket Book

In 2011, a Yorkshire wide collaborative effort led to the launch of 'obstetric anaesthesia emergency simulation course (OAESC)', simultaneously in Bradford, Hull & York. The course was developed along ATLS lines underpinned by a course manual. Following success of OAESC, the Yorkshire wide faculty agreed that the course manual could be developed further into a pocket book on obstetric anaesthesia emergencies.

In March 2013, at the AGM of YSOA, a working party was formed including;

Indu Sivandan, Leeds
Martin Feast, Sheffield
Lesley Hawthorne, Bradford
Amanda Vipond, York
Makani Purva, Hull

The collaborative work of YSOA working party, which also involved three Skype meetings, is now completed and the initial draft of pocket book is currently being compiled and edited.

It is envisaged that hard copy of pocket book will be available by October 2013. However, it is also envisioned that pocket book will also be made available as an "App".

It is proposed that the pocket book could act as quick and practical guide, for trainees working in obstetric units, when dealing with obstetric anaesthetic emergencies; failed intubation, local anaesthetic toxicity, total spinal anaesthesia, anaphylaxis etc.

Iftikhar Ahmed, Consultant Anaesthetist, Hull



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Advertisements & Vacancies

We are on Twitter

YSOA members can twitter@obsanaes.

User name: obsanaes

Password: touhneedle

Needles to say please tweet

responsibly!!!

Recruitment of Assessors for a Simulation Research project

Are you a consultant of 3 years standing with interest in obstetric anaesthesia?

Would you like to participate as an assessor of research participants' videoed simulated performance?

If so please contact Lana.vestarkis, specialty

Trainee; lvestarkis@hotmail.com

EDITOR

NEWS&VIEWS

On behalf of YSOA, I would like to invite expressions of interest for the editor of the YSOA's NEWS&VIEWS. As an editor you will set styling, content and direction of this newsletter.

So are you ready for this exciting new challenge!!!

If interested please contact President YSOA at

Makani.purva@hey.nhs.uk

OAA-NOAD

REPRESENTATIVE

We are looking for an enthusiastic consultant member to act as liaison between YSOA and OAA—NOAD committee.

If you like networking and making new friends, then the role is for you...

If interested please contact President YSOA at

Makani.purva@hey.nhs.uk

Obstetric Anaesthesia

Emergency Simulation Course

OAESC is a Yorkshire Deanery approved course, specially developed for and specifically focussed on training objectives of CT2 and ST3 trainees.

The Course includes: Introduction to simulation in obstetric anaesthesia, Demonstration video, Practice scenarios, guaranteed Hands-On practice for all candidates, detailed discussions and structured feedback.

OAESC is run throughout the year in Bradford, Hull and York. The next available courses are;

Hull: 31st October 2013

Contact: claire.clarke@hey.nhs.uk

York: 4th December 2013

Contact: emma.deans@york.nhs.uk

Bradford: please contact course co-ordinator at

tracey.williams1@bthft.nhs.uk

If you like to advertise anything in the newsletter please email. driftikhar64@doctors.org.uk